

2024 Coalition Academy *Strengthening the Roots of Coalitions*

Presenter Bios

Alaina Deighan, MS. Ed., CT, Deputy Director, Office of Community & Family Resiliency, OhioMHAS

Workshops: *What's Ahead for the Landscape of Prevention*

Alaina Deighan, MS. Ed., CT, brings over 13 years of dedicated service and leadership in non-profit and government sectors, focusing on enhancing behavioral health services and supports for Ohioans. Currently serving as the Deputy Director for the Ohio Department of Mental Health and Addiction Services in the Office of Community and Family Resiliency, she holds a pivotal role in overseeing a wide array of critical initiatives. These include directing prevention services, youth treatment programming, problem gambling interventions, and trauma-informed care strategies across the department. Prior to her current position, Alaina spearheaded youth and family-focused intervention and treatment programs. Her career highlights also include impactful contributions in the development of youth and family peer supporter credentials, and strategic professional development management during her tenure at the Ohio Association of County Behavioral Health Authorities (OACBHA). Alaina earned her Bachelor of Arts in Sociology with a concentration in Criminology from Otterbein University, laying a foundation for her understanding of societal needs. She furthered her academic journey by obtaining a Master of Science and Education in Clinical Mental Health Counseling from the University of Dayton. Alaina also holds the designation of Licensed Counselor Trainee through the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.

Kelsey Smothers, MS, Prevention Team Lead, Greater Cincinnati Behavioral Health Services

Workshop: *Cultural Humility: What it Means in Prevention*

Kelsey Smothers, MS, Prevention Team Lead/Chair attended the University of Cincinnati in the Health Education program, graduating with her Master's Degree in 2021. During her time at UC, she interned with the American Heart Association, Be Well UC, and PreventionFIRST! where she found her passion for the prevention field, specifically working with at-risk youth. Currently, she is the Chair for the Coalition for a Drug Free Clermont County which led her to also be the Prevention Team Lead at Greater Cincinnati Behavioral Health Services. She is also currently in the process of receiving her Ohio Credentialed Prevention Specialist Certification. Before Kelsey came to Clermont County, there was no active youth leadership group. Within two years, Kelsey and her team have managed to develop three youth led programs at local school districts where students are encouraged to spread positivity, create awareness, and educate their peers on substance use.

Shawn Jeffers, BS, Director of Leadership Development, Youth At The Center

Workshop: *Cultural Humility: What it Means in Prevention*

Shawn Jeffers is Co-Founder and Director of Leadership Development for Youth At The Center. Youth At The Center advances opportunities for children, youth and young adults to be seen, heard and valued as the next generation of leaders in our community. He has over 20 years of experience in youth leadership development and facilitating diversity, equity and inclusion programming through his professional roles at Public Allies Cincinnati and The Center for Holocaust and Humanity Education. Shawn serves on several boards including Housing Opportunities Made Equal (HOME) of Greater Cincinnati, the region's fair housing authority. As a volunteer, Shawn serves as Co-Chair and Trainer for GLSEN Greater Cincinnati where he partners with schools and community organizations to create safe places for all youth. He is a graduate of Miami University.

Presenter Bios

Dr. Maria Piombo, Ed.D., LPCC-S, Director, Child & Family Treatment Center, *Central Clinic Behavioral Health*

Workshop: Cultural Humility: What it Means in Prevention

Dr. Piombo was born and raised in Argentina and moved to the United States for her undergraduate studies. She received her B.A. from Northwestern University and M.A. and Ed.D. from the University of Cincinnati's Counseling Program. Her past jobs include working at University Health Services providing counseling to medical students and to staff, as an Adjunct Professor at the University of Cincinnati's Counseling Program, and at a private practice working with individuals and families, primarily providing Spanish therapy to Latino individuals. In addition, she led a Peer Prevention Program at the University of Cincinnati which focused on the prevention of substance abuse. Her counseling work during the past 34 years has included prevention, intervention, and clinical services. Dr. Piombo presently works in community mental health as the Director of the Child and Family Treatment Center, a division of Central Clinic Behavioral Health. She manages five different programs: Ready to Learn School-Based Services, The Young Child Institute, Connections for Life, the Child and Adolescent Counseling Services, and the Therapeutic Mentoring Program. Her focus is on trauma-informed care and working with the Latino community of the Greater Cincinnati area. Dr. Piombo provides clinical services, in an outpatient setting, to children and youth and their families.

Cameron Foster, OCPA, CDCA, CPRS, Community Outreach Coordinator, *Addiction Services Counsel*

Workshop: Cultural Humility: What it Means in Prevention

As the Community Outreach Coordinator at the Addiction Services Council, Cameron has a strong footprint in the prevention community. Cameron currently serves on the First Step Home Board Member, Board President for Waldrop Health Youth Ministry, Grant Reviewer for Center for Community Engagement at PreventionFIRST!, Ohio Mental Health and Addiction Services (OhioMHAS) Peer Recovery Supporter Facilitator and Supervisor and active member of the Community Collective Impact Model for Change 2.0: Addressing Social Determinants of Health in Minority and Underserved Communities. His leadership roles in various organizations, including serving on the African American Engagement (AAEW) Workgroup Sub-Committee, Steering Committee, and the Chairperson of the Faith Committee for the Hamilton County Addiction Response Coalition demonstrate his commitment to effecting positive change and improving community well-being, and reflect his proactive approach to addressing social determinants of health and advocating for evidence-based interventions. Cameron's multifaceted contributions to the field of prevention science and his ongoing dedication to professional development underscore his invaluable role in fostering healthier, more resilient communities.

Mike Eiden, LCSW, LCADC, CSAT, CCS, Therapist & Owner, *Eiden Integrative Counseling*

Workshop: Treating Problematic Screen & Internet Use

Mike Eiden is a licensed clinical social worker, licensed clinical alcohol and drug counselor, board certified sex therapist, and certified sex addiction therapist who is a graduate of the University of Louisville's Kent School of Social Work. He has worked in mental health and substance abuse treatment for the past 12 years in both inpatient and outpatient settings. He is currently a PhD candidate & his dissertation is focused on educating parents to improve their abilities to address screen and internet addiction in their children. Mike currently works full time in private practice focusing on cases related to traumatic bonding, process addictions, and complex trauma. Mike facilitates professional CEU training related to screen addiction, trauma treatment, and sexual addiction and educates parents, teachers, and school administrators on screen and internet addiction.

Presenter Bios

Amy Hamilton, MPA, OCPS, Behavioral Health Consultant, YouThrive LLC.

Workshop: Member Engagement Practices for Long Term Community Coalition Sustainability

A dynamic professional with a profound commitment to community well-being and organizational excellence, Amy blends a rich academic background of social work, nonprofit and community leadership, public administration, and gender and diversity studies with extensive hands-on experience to drive impactful change in the realms of nonprofit management, behavioral health, and community development. Amy specializes in trauma and resilience, suicide prevention, coalition building and best practices, strategic planning, and volunteer management. Amy currently works for You Thrive Training and Consulting supporting over 40 prevention coalitions across the State of Ohio in developing foundational processes to support maximum community impact and the reduction of mental illness and substance misuse.

Gabrielle Deaton, MSW, Harm Reduction Health Educator, Northern Kentucky Health Department

Workshop: Harm Reduction and the Tristate Substance Landscape

Gabi Deaton works as a Harm Reduction Health Educator for the Northern Kentucky Health Department. Gabi has spent the last 5 years of her career focused on harm reduction efforts to combat the opioid crisis. Gabi has previously held positions in case management and advocacy, working with individuals experiencing homelessness and survivors of domestic violence. Gabi believes in empowering individuals through education, resources, community engagement and striving to reduce stigma for marginalized populations. Gabi holds a Master's in Social Work from the University of Kentucky and Bachelor's in Social Work from Northern Kentucky University.

Seth Steele, MPH, CPH, Harm Reduction Health Educator, Northern Kentucky Health Department

Workshop: Harm Reduction and the Tristate Substance Landscape

Seth Steele has worked as a Harm Reduction Health Educator for the Northern Kentucky Health Department for 2 years. Seth has previously worked in community health as well as social work settings that included residential and day treatment for at-risk youth, a private foster care agency and an alternative to detention program for teenagers facing low level charges. Seth holds a Bachelor's in Sociology and received his Master's in Public Health from Kent State University. He received his CPH certification in July of 2022.

Erin Horn, BS, OCPSA, OH Coordinator & National Trainer, Sources of Strength

Workshops: Spreading Strength Based Mental Wellness & Suicide Prevention Programming

Erin Horn (she/her) is the Sources of Strength Ohio Regional Coordinator & Trainer and was first introduced to Sources of Strength while working as a mental health educator with a focus on suicide prevention. After being a local trainer for multiple years, Erin LOVED Sources and thought "what the heck, go big or go home," and joined the National team! Prior to working in suicide prevention, she was a high school Business Education teacher. She graduated from Miami University with a degree in Marketing and received her 7-12 English Education licensure from Xavier University. She currently lives in Cincinnati, Ohio with her husband and three energetic boys. What helps Erin when feeling anxious is talking with positive friends and/or family while taking a long walk. She draws strength from yoga class, long naps (re: three energetic boys), spending time with family, talking with friends, and rewatching Gilmore Girls.

Presenter Bios

Christi Valentini-Lackner, BS, OCPC, Chief Program Officer, *PreventionFIRST!*

Workshops: **Up to Date Vape** | **Moderator: Cultural Humility Panel: What it Means in Prevention**

Christi Valentini-Lackner is the Chief Program Officer at PreventionFIRST! She is an Ohio Certified Prevention Consultant (OCPC) who has worked in the prevention field for over 20 years. Christi has a Bachelor of Arts in psychology from Ohio University. Christi is an Ohio Prevention Professionals Association board member and serves as Vice President and Education & Training Team Co-Chair. In 2016, she received the ADAPAO Advocate of the Year Award. Christi is an Ohio Coaching and Mentoring (OCAM) Network coach and mentor. She is co-author of the low-risk drinking course for adults, Minimize Risk-Maximize Life.

Jayla Lee, BS, OCPSA, Program Coordinator, *PreventionFIRST!*

Workshops: **Up to Date Vape**

Jayla Lee is a Program Coordinator at PreventionFIRST! In this role, she supports PreventionFIRST! workforce development goals by increasing awareness and capacity for substance use/misuse prevention in schools and faith-based communities. Additionally, she supports and strengthens existing prevention efforts with minority communities as well as youth empowerment. She has a Bachelor of Science in Public Health and a certificate in Minority Health from the University of Cincinnati. She is currently working on her Ohio Certified Prevention Specialist (OCPS) credential.

Hailey Sullivan, MS, CDCA, Behavioral Health & Wellness Coordinator, *PreventionFIRST!*

Workshops: **Up to Date Vape**

Hailey Sullivan is the Behavioral Health and Wellness Coordinator currently supporting Delhi Middle School. She has a Master of Science in health promotion and education from the University of Cincinnati. Additionally, she has her Chemical Dependency Counselor Assistant (CDCA) certification and is working on getting her Ohio Certified Prevention Specialist Assistant (OCPSA). Her role is to assist in improving access to and increase availability of evidence-based behavioral health promotion, prevention, and early intervention practices. She also coordinates efforts to plan for, implement, and sustain a Student Assistance Program and staff wellness framework.

Katie Wolf, MS, CHES, OCPS, Behavioral Health Consultant, *YouThrive LLC*.

Workshop Title: **Fundraising to Sustain your Coalition Work**

Katie Wolf is a dedicated health education and prevention specialist with a passion for building healthier, more resilient communities. She holds a master's degree in health promotion with a background in Public Health and Psychology. With a wide range of prevention service delivery experience in both the school and community settings, she excels in community education, strategic planning, and coalition development. Katie is a Certified Health Education Specialist (CHES) and Ohio Certified Prevention Specialist (OCPS), as well as a trained QPR suicide prevention gatekeeper, Wellness Initiative for Senior Education (WISE), and Minimize Risk Maximize Life (MRML) facilitator. Katie is passionate about helping others while remaining committed to lifelong learning and continuing education.

Presenter Bios

Sarah Sawmiller, MPH, CHES, OCPC, Senior Director, Data Integration, *PreventionFIRST!*

Workshop Title: Sustainable, Realistic Evaluation & Data Collection

Sarah Sawmiller is the Senior Director of Data Integration at PreventionFIRST! She is an Ohio Certified Prevention Consultant (OCPC) and a Certified Health Education Specialist (CHES). Sarah oversees the implementation of the biennial PF! Student Survey, all assessment and evaluation-related strategies, and many of PreventionFIRST!'s prescription drug misuse prevention programs. She is an Ohio Coaching and Mentoring (OCAM) Network trainer, a provisional trainer for Sources of Strength Secondary, and a PAX Partner. Sarah has a Bachelor of Science in health education with a focus in public and community health and a Master of Public Health with a concentration in biostatistics, both from the University of Cincinnati. She is a 2019 graduate of the Community Leaders Institute (CLI). Prevention Team Lead, Greater Cincinnati Behavioral Health Services.

Ryley Jones, BS, CHES, OCPS, Program Manager, *PreventionFIRST!*

Workshop Title: Sustainable, Realistic Evaluation & Data Collection

Ryley Jones is a Program Manager under the Center for Prevention Science at PreventionFIRST! She is an Ohio Certified Prevention Specialist (OCPS) and a Certified Health Education Specialist (CHES). Ryley is passionate about professional development and expanding the field of Prevention. She is responsible for managing our Coalition Evaluation Center, agency evaluation, and data collection efforts. She is an Ohio Coaching and Mentoring (OCAM) Network coach and mentor. She is responsible for managing the OCAM training calendar, facilitating trainings, and processing all continuing education hours/certificates of attendance. Ryley has a Bachelor of Science in health promotion & education with a focus in public and community health from the University of Cincinnati. She is also currently pursuing her Masters of Public Health with a concentration in behavioral health from Kent State University.

Hannah Foley, M. Ed. Senior Specialist, *Beech Acres Parenting Center*

Workshop Title: Creating Powerful Family Engagement

Hannah Foley is a senior specialist with The Character Effect™ with a background in high school English education and journalism. She uses her passion for writing and education to develop Social Emotional Learning curriculum for both Tier 1 and Tier 2 efforts. In addition to creating curriculum, she enjoys using her strengths of Perspective and Friendship to support educators with their personal and professional wellbeing.